

Stephanie Shaffer, LCSW

LCS # 27326

43460 Ridge Park Dr. Suite 200

Temecula, CA 92590

LIMITS OF CONFIDENTIALITY

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of the client or the client's legal guardian. However, noted exceptions are as follows:

Duty to Warn and Protect

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

Abuse of Children and Dependent Adults

If a client states or suggests that he or she is abusing a child or dependent adult or has recently abused a child or dependent adult, or a child or dependent adult is in danger of abuse (physical, financial, sexual, emotional or neglect) the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

Minors/Guardianship

Parents/legal guardians of non-emancipated minor clients have the right to access the client's records.

Insurance Providers

Insurance companies and other third-party payers are given information that they request regarding services to clients. Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, description of impairment, progress of therapy, case notes, and summaries.

Social Media Policy

I do not accept friend or contact requests from current or former patients on any social networking site (Facebook, LinkedIn, etc.). This is to ensure your confidentiality and privacy.

I agree to the above limits of confidentiality and understand their meanings and ramifications.

Client Signature (Client's Parent/Guardian if under 18)

Date